



# Paddler Declaration and Release of Liability, Assumption of Risk 2016 VRC Race Series – OC6 crews

CREW NAME: \_\_\_\_\_

CATEGORY:

- ◆ Men/Open
- ◆ Women
- ◆ Mixed
- ◆ Standard
- ◆ Lightweight

In connection with the **2016 VRC Race Series** organized by the Victoria Recreation Club (“VRC”) to be held during 2016 (the “Race Series”), the signatory below does hereby certify, agree, represent, and acknowledge as follows:

- I confirm that I have read the VRC Race Series Safety Guidelines and agree to follow and comply with them in all respects.
- I acknowledge that the activities pertaining to my participation in the Race Series are physically strenuous from neuromuscular, cardiovascular and aerobic perspectives and that sudden unexpected injury or death may occur from diagnosed or undiagnosed conditions I may have. I certify that I am physically fit, healthy, and in all respects mentally and physically able to participate in the Race.
- I further acknowledge that the aforementioned activities are inherently risky due to the nature of the medium where they are practiced (unsheltered bodies of water subject to tides, currents and ocean swells) and of the equipment used (watercraft that are designed for speed rather than stability and are prone to overturning). I certify that I am able to swim at least 100m in appropriate seasonal paddling attire and without the assistance of a PFD.
- I further acknowledge that the competitive demands of ocean paddling sports require that competitive events such as the Race Series be undertaken in conditions that would not be considered reasonable for merely recreational activities (high surf, battering waves, high winds, among others) but which are reasonable in the context of competitive paddle sports regularly engaged in such conditions. I, for myself and my heirs, executors, administrators, and assigns, do hereby unconditionally and irrevocably waive and release any and all rights, claims, and causes of action that I have or may have against (i) VRC and any and all of its committee members, employees, coaches, sponsors, promoters, supporters, Race officials, and Race volunteers, (ii) all other parties associated with the Race Series (each, a “Releasee”), from any and all claims, damages, liability whatsoever and however arising, including without limitation any harm, illness, injury, death, loss, or economic consequences that I may suffer as a result of participating in the Race Series and any all actives relating thereto.
- I grant permission to VRC and its agents to use my image in any photographs, video, or any other record of my participation in the Race Series and related activities for any and all lawful purpose.

- I agree and acknowledge that this document shall be governed in all aspects by and interpreted in accordance with the laws of the Hong Kong SAR. In the event that any element of this waiver is deemed not enforceable for any reason, that element shall be deemed to be excluded and the remainder of the waiver shall remain valid.
- **I ACKNOWLEDGE AND AFFIRM THAT I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT OR REPRESENTATION FROM ANY RELEASEE OR ANY OTHER PARTY.**

	<b>Surname</b>	<b>Given Name</b>	<b>Date of Birth</b>	<b>Signature</b>
<b>1</b>				
<b>2</b>				
<b>3</b>				
<b>4</b>				
<b>5</b>				
<b>6</b>				